

2016 UEC ROAD EUROPEAN CHAMPIONSHIPS  
**PLUMELEC-MORBIHAN-BRETAGNE**  
**(FRANCE)**

14-18 SEPTEMBER 2016

**TECHNICAL GUIDE**  
**(05.09.2016\_V2)**

## ORGANISING COMMITTEE

Organisation Committee	Fédération Française de Cyclisme
FFC & UEC President	David LAPPARTIENT (France)
FFC General Manager	Arnaud COURTIER (France)
FFC Head of Sports Activities	Anne LE PAGE (France)
FFC Road coordinator	Alexandre FOUREZ (France)
FFC Event coordinator	Brendan GICQUELLO (France)
UEC Technical Delegate	Vladimiro PETSAS (Greece)

## COMPOSITION OF THE COMMISSAIRES PANEL

President of the Commissaires	Panel Alain KOSZYCZARZ (France)
UCI Commissaire 1	Eddy BUCHETTE (Luxembourg)
UCI Commissaire 2	Max MICHAUD (France)
Commissaire National moto 1	Didier RAFINESQUE (France)
Commissaire National moto 2	Eric PUREN (France)
Commissaire National moto 3	Jacques MICHEL (France)
Commissaire National – Juge Arrivée	Yann ROBIC (France)
Commissaire National - Secrétaire	Damien QUILLIVIC (France)
Timing Results	MATSPORT TIMING

## UEC-REPRESENTATIVES

UEC President	David LAPPARTIENT (France)
UEC Vice Presidents	Harald Tiedemann HANSEN (Norway) Alexander GUSYATNIKOV (Russia) Madis LEPAJOE (Estonia)
Membres du Comité Directeur UEC	Saskia CAPELLO (The Netherlands) Martin WOLF (Germany) Tomaz POLJANEC (Slovenia)
UEC General Secretary	Enrico DELLA CASA (Italy)

UEC Road Commission

Yvonne MATTSSON (Sweden), President  
Cordiano DAGNONI (Italy), Member  
Umberto LANGELLOTTI (Monaco), Member

UEC Press Officer

Stefano BERTOLOTTI (Italy)

UEC Photographers

Roberto BETTINI (Italy)  
Ilario BIONDI (Italy)

## ANTIDOPING CONTROL

CADF Daniel MARCOUX (France)

## TRAVEL AND ACCOMMODATION

Travel and accommodation expenses to and from France and Monaco must be covered by the National Federations.

Nearest airport is : Nantes

All participants must hold a valid passport or identity card. Visa obligations must be respected.

All riders and attendants must hold an insurance valid in France (European Union).

## VISAS

Each Federation is responsible for obtaining documents for their delegation appropriate entries.

For all invitation letter requests, please contact the UEC: [mail@uec.ch](mailto:mail@uec.ch)

**EMERGENCY AMBULANCES** phone: 112

## HOSPITALS

### **CENTRE HOSPITALIER DE BRETAGNE SUD - Hôpital Chubert**

20, Boulevard Maurice Guillaudot (près de la gare SNCF)

B.P. 70555

56017 VANNES CEDEX

Tél. : +33 (0)2.97.01.41.41 (accueil)

+33 (0)2.97.01.41.30 (urgences)

### **CENTRE HOSPITALIER DU CENTRE BRETAGNE**

Hôpital de Pontivy

Place Ernest JAN

56300 PONTIVY

Tél. : +33 (0)2.97.28.40.40 (accueil)

## POLICE

Gendarmerie Nationale (Josselin) : +33 (0)2 97 22 20 26

## ACCREDITATIONS

Accreditation can be collected starting from Tuesday, 13th September at the permanence offices, according to the following schedule.

Please ensure that you collect your accreditation before arriving at the venue as it will be required for access to all parts of the venue. Accreditations must be worn and visible whenever you pass through accreditation controls.

## PERMANENCE OPENING SCHEDULE

Tuesday, 13th September	15:00 – 19:00
Wednesday, 14th September	09:00 – 13:00 / 15:00 – 19:00
Thursday, 15th September	09:00 – 13:00 / 15:00 – 19:00
Friday, 16th September	09:00 – 13:00 / 15:00 – 19:00
Saturday, 17th September	09:00 – 13:00 / 15:00 – 19:00
Sunday, 18th September	09:00 – 13:00

## MEDIA ACCREDITATION

To apply for media accreditation, please visit the UEC website ([www.uec.ch](http://www.uec.ch) dedicated page).

Media accreditation and Photograph Bib's can be collected at the media permanence as from the 12th of September.

For any further inquire please contact: Mr Stefano Bertolotti - [s.bertolotti@uec.ch](mailto:s.bertolotti@uec.ch)

## OFFICIAL MEETINGS SCHEDULE

### 1. Confirmation of starters – Licenses check – Distribution of body numbers and transponders.

*Location:* Complexe sportif de la Madeleine – 56420 Plumelec

Tuesday, 13th September – 13:30 until 17:00

- Licences check
- Riders confirmation
- Check national teams clothing

Team managers must confirm all starters, presenting all licences (with passport for the juniors' category) and providing a sample of teams' apparel time trial and road race.

Riders' numbers will be distributed during that procedure.

### 2. Team managers meeting – Tuesday, 13th September – time 18.00

Due to the high number of teams entered, a maximum representation of two representatives per team is requested to attend that meeting.

*Location:* Parc des Sports Charles Ehrmann

Attendance is required for:

- a representative of the OC
- a representative of the UEC Management Board
- the UEC Technical Delegate
- the UCI and National Commissaires
- the Teams Manager
- CADF Doping Control Officer

## OFFICIAL MEETINGS

### Tuesday, 13 September

13:00 - 13:30	Commissaires' meeting
13:30 - 17:00	Licenses verification and riders confirmation Clothing check Distribution of race numbers and transponders
18:00 - 19:00	Team Managers meeting
19:00	Distribution of time trials start lists (all categories)

## RACES TIMETABLE

### Wednesday, 14 September

09:30	Junior Women's Time Trial	12,7 km
12:30	Junior Men's Time Trial	25,4 km
15:00	Men's U23 Time Trial	25,4 km

### Thursday, 15 September

10:30	U23 Women's & Elite Women's Time Trial	25,4 km
14:00	Elite Men's Time Trial	45,5 km

### Friday, 16 September

10:00	Junior Women's Road Race	68,5 km
14:00	Junior Men's Road Race	123,3 km

### Saturday, 17 September

08:45	U23 Men's Road Race	150,7 km
13:45	U23 Women's & Elite Women's Road Race	109,6 km

### Sunday, 18 September

10:50	Men's Road Race	232,9 km
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## COMPETITIONS START AND FINISH AREAS

### Women Juniors: Time Trial

Start area:	Place de l'Eglise – 56420 Plumelec
Finish area:	Top of the « Côte de Cadoudal » - D126 – 56420 Plumelec

### All other categories: Time Trial

Start area :	Rue du Canal – 56120 Josselin
Finish area :	Top of the « Côte de Cadoudal » - D126 – 56420 Plumelec

### Road races (all categories)

Start and Finish areas :	Top of the « Côte de Cadoudal » - D126 – 56420 Plumelec
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## RACE SPECIFIC REGULATIONS

### ARTICLE 1. GENERAL RULES

- 1.1 The 2016 UEC Road European Championships are organized by the Union Européenne de Cyclisme (UEC) in cooperation with the French Cycling Federation. The technical preparation coordination will be done by the company ASO.
- 1.2 The event will be organized in accordance with rules of the Union Cycliste Internationale (UCI) and these rules will be the reference for everything that is not mentioned in the current document.
- 1.3 The European Road Championships consist of time trial races and road races are scheduled from 14 to 18/09/2016. These Championships may be contested by riders entered by their National Federation as a National Team.

### ARTICLE 2. TYPE OF THE EVENT

- 2.1 The event is open to athletes of the Women Junior, Men Junior, Women U23/Women Elite, Men U23 and Men Elite categories. It is entered on the UCI calendar as a Continental Championship event (UCI CC).
- 2.2 In accordance with the articles 2.10.008 and 2.10.017 the UCI ranking points will be awarded as follows:

Place	Point scale			
	Elite Road Race	Elite Time Trial	Under 23 Road Race	Under 23 Time Trial
1st	250	70	80	16
2nd	200	55	56	11
3rd	150	40	32	6
4th	125	30	24	5
5th	100	25	20	4
6th	85	20	16	2
7th	70	15	12	
8th	60	10	8	
9th	50	5	7	
10th	40	3	6	
11th	30		5	
12th	25		3	
13th	20			
14th	15			
15th	10			
16th	5			
17th	5			
18th	5			
19th	3			
20th	3			

### ARTICLE 3. PARTICIPATION

3.1 National Federations may enter the following riders per Championship :

#### **WOMEN JUNIORS - MEN JUNIORS**

#### **WOMEN U23 - MEN U23**

#### **WOMEN ELITE - MEN ELITE**

Time Trial - 2 riders per nation / per category

Note:

- starting from 2107, Under 23 riders who have participated in the Men's Elite individual time trial at a previous Road European Championships may not ride the individual time trial for Under 23 rider;
- NF may enter 2 riders Women U23 and 2 riders Women Elite;
- Women Elite and Women U23: the 2 categories will compete together. The awards ceremonies will be organized as following:
  - 1) podium Women: the best 3 riders
  - 2) podium Women U23: the best 3 riders Women U23

#### **WOMEN JUNIORS - MEN JUNIORS - MEN U23**

Road race - 6 riders per nation / per category

Note:

- starting from 2107, Under 23 riders who have participated in the Men's Elite road race at a previous Road European Championships may not ride the road race for Under 23 riders.

#### **WOMEN ELITE (& U23 together)**

Road race - 8 riders per nation (but max. 6 per category)

Note:

- the 2 categories will compete together. The awards ceremonies will be organized as following:
  - 1) podium Women: the best 3 riders
  - 2) podium Women U23: the best 3 riders Women U23

#### **MEN ELITE**

Road race

UCI rankings: combination of UCI World Tour (UCI update 21.08.2016) & UCI European Tour (UCI update 14.08.2016)

Nations ranked	1 to 10:	9 riders
Nations ranked	11 to 20:	6 riders
Nations ranked	21 to 30:	3 riders
Nations ranked	31 to 50:	1 rider
(Nations non-ranked 1 rider)		

Note: Unused quota places will be reallocated to nations ranked 11 to 50

UCI rankings: combination of UCI World Tour (UCI update 21.08.2016) & UCI European Tour (UCI update 14.08.2016)			
Rank	Country	Points	Quotas per nation
1	BELGIUM	6337	9
2	FRANCE	5720	9
3	ITALY	4472,75	9
4	SPAIN	4354	9
5	GREAT BRITAIN	3847	9
6	NETHERLANDS	3497,5	9
7	NORWAY	3011	9
8	GERMANY	2559	9
9	DENMARK	2436,5	9
10	SWITZERLAND	2228,67	9
11	POLAND	2134,5	6
12	CZECH REPUBLIC	1982	6
13	RUSSIA	1980	6
14	PORTUGAL	1927	6
15	UKRAINE	1798,32	6
16	SLOVENIA	1729	6
17	SLOVAKIA	1415,5	6
18	AUSTRIA	1275	6
19	IRELAND	1220	6
20	ESTONIA	1189	6
21	LITHUANIA	1052	3
22	LUXEMBOURG	876	3
23	BELARUS	823,25	3
24	CROATIA	695	3
25	LATVIA	652	3
26	AZERBAIJAN	505	3
27	ROMANIA	470	3
28	TURKEY	449	3
29	GREECE	423	3
30	BULGARIA	381	3
31	SERBIA	360	1
32	SWEDEN	269	1
33	FINLAND	232	1
34	ISRAEL	191	1
35	ALBANIA	169	1
36	MOLDOVA	156	1
37	HUNGARY	150	1
38	CYPRUS	149	1
39	GEORGIA	143	1
40	KOSOVO	134	1
41	BOSNIA & HERZEGOVINA	124	1
42	MONTENEGRO	100	1
43	FYR MACEDONIA	0,33	1
NON RANKED COUNTRIES			
	ANDORRA		1
	ARMENIA		1
	ICELAND		1
	LIECHTENSTEIN		1
	MALTA		1
	MONACO		1
	SAN MARINO		1
TOTAL NUMBER OF RIDERS			200

Note: Unused quota places will be reallocated to countries ranked 11 to 43 as well as to the non-ranked countries.

- 3.2 For all events and categories the outgoing European Champion can be added to the maximum quota of a National Federation provided that he/she remains eligible for the Championship.
- 3.3 The National Federations have to register their riders directly on the UEC website ([www.uec.ch](http://www.uec.ch)).

**Deadline for the registrations is Monday 05/09/2016 midnight.**

In accordance with the riders' registration the National Federations may add to the above numbers of riders:

- Max 2 reserve riders per category for the Time Trial
- Max 4 reserve riders per category for the Road Race

The confirmation of the starters and the distribution of the race numbers will take place on 13/09/2016 from 13:30 to 17:00.

The riders to contest each Championship shall be confirmed by an official of their Federation, to the Commissaires.

- 3.4 Riders ages in the Under 23 and Juniors Championships shall be as defined by the UCI.

#### ARTICLE 4. TEAM MANAGERS MEETING

- 4.1 The team managers' meeting, organized in accordance with the article 1.2.087 of the UCI regulations in the presence of Members of the Commissaires' Panel, is scheduled for 13/09/2016 at 18:00 - Complexe sportif de la Madeleine – 56420 Plumelec
- 4.2 Starting from 16.09.2016 to 18.09.2016, a mobile race office will be open at the start and finish area opening 1 hour before the start and closing 30 min after the finish of each race.

#### ARTICLE 5. STARTING ORDER IN TIME TRIALS – START PROCEDURE FOR ROAD RACES

- 5.1 The starting order for the individual time trials will be composed by the commissaires and will be communicated immediately after the team managers' meeting. The riders will take the start with one minute intervals.
- 5.2 For road races, before each race, complete National teams must be present on the presentation podium for the signing of the start sheet. The podium will be open 45 minutes before the start and will close 10 minutes before the start. Riders who fail to sign will not take the start.

#### ARTICLE 6. BICYCLES AND EQUIPMENT CONTROL

- 6.1 For the time trial races each bicycle will be checked by the UCI commissaires. Each rider must present his/her bicycle for that check and verification at least 15 minutes prior to the personal start time.
- 6.2 For the WJ and MJ categories time trials, the gear ratios will be checked at the entrance of the starting zone.  
For the road races that check will be finalized 15 minutes before the starting time at the latest.
- 6.3 After those controls, the riders will not be allowed to take their bikes out of the control zone.
- 6.4 During time trial races, changing of equipment is allowed from the team car.  
During road races it is allowed on every lap passing the boxes and
  - From neutral vehicles for the categories Women Junior and Men Junior;
  - From neutral vehicles and from team cars for the other categories.
- 6.5 The use of "earpiece" is not allowed.

#### ARTICLE 7. RADIO TOUR

- 7.1 Race radio information will be broadcasted throughout each race. The allocated frequency will be announced during the team managers' meeting.

- 7.2 Handout of radio transmitters to the team managers will take place every day at the starting area one hour before the start. Each team manager must sign the delivery sheet at receiving and returning of the transmitters. Transmitters must be returned immediately after each race to the Race Office.

#### **ARTICLE 8. TEAM CARS**

- 8.1 Team cars are allowed to the race convoy only during WU / MU and WU / ME road races. In accordance with article 2.2.032 of UCI regulations, the vehicles involved in the races are limited to the maximum height of 1.66 m. This rule does not apply in time trial races.
- 8.2 For these categories the number and the order of cars in the race convoy will be determined by the Commissaires' Panel in accordance with the number of riders at the start and road safety criteria. Team with a small number of riders will have to share the same car.

#### **ARTICLE 9. NEUTRAL TECHNICAL SUPPORT**

- 9.1 The neutral support will be provided by means of: 3 cars

#### **ARTICLE 10. FEEDING**

- 10.1 No feeding is allowed during time trial races.
- 10.2 For MJ / WJ road races, feeding is allowed until the last lap (not included) each time passing the boxes and from neutral cars.
- 10.3 Feeding by team cars for categories Women U23/Women Elite, Men U23 and Men Elite is allowed starting at 50 km of the race until 20 km to the finish.

#### **ARTICLE 11. FINISHING TIME LIMITS**

- 11.1 There is no time limit for time trial races. On road races all overlapped riders will be eliminated.
- 11.2 In accordance with the UCI regulations, art. 2.6.032, in exceptional cases only, unpredictable and of force majeure, the Commissaires' Panel may extend the finishing time limits after consultation with the Organizer and the UEC Technical Delegate.

#### **ARTICLE 12. AWARDS CEREMONIES**

- 12.1 In accordance with article 1.2.112 of the UCI Regulations, the 3 best riders of each category must attend the official awards ceremony and press conference.
- 12.2 For the time trial events a «hot-seat» zone for the best 3 times will be prepared near the finish line. For the road races, the 3 best riders will be accompanied to the podium area by the chaperons wearing "Award ceremony" bib's.

## ARTICLE 13. AWARDS AND PRIZE MONEY

### 13.1 Jersey and medals

Every European Championship will be awarded with :

The 1st place: Champion(s) jersey and Gold medal

The 2nd place: Silver medal

The 3rd place: Bronze medal

### 13.2 Prize money list (Amounts in Euro):

Place	JUNIOR MEN		JUNIOR WOMEN	
	Time Trial	Road Race	Time Trial	Road Race
1st	€ 380,00	€ 765,00	€ 380,00	€ 765,00
2nd	€ 190,00	€ 575,00	€ 190,00	€ 575,00
3rd	€ 115,00	€ 380,00	€ 115,00	€ 380,00
Total	€ 685,00	€ 1.720,00	€ 685,00	€ 1.720,00

Place	U23 MEN		U23 WOMEN	
	Time Trial	Road Race	Time Trial	Road Race
1st	€ 1.530,00	€ 1.915,00	€ 1.530,00	€ 1.915,00
2nd	€ 765,00	€ 1.340,00	€ 765,00	€ 1.340,00
3rd	€ 380,00	€ 765,00	€ 380,00	€ 765,00
Total	€ 2.675,00	€ 4.020,00	€ 2.675,00	€ 4.020,00

Place	ELITE MEN		ELITE WOMEN	
	Time Trial	Road Race	Time Trial	Road Race
1st	€ 4.000,00	€ 10.000,00	€ 4.000,00	€ 10.000,00
2nd	€ 2.000,00	€ 5.000,00	€ 2.000,00	€ 5.000,00
3rd	€ 1.000,00	€ 3.000,00	€ 1.000,00	€ 3.000,00
Total	€ 7.000,00	€ 18.000,00	€ 7.000,00	€ 18.000,00

## ARTICLE 14. ANTIDOPING

14.1 The UCI antidoping regulations are entirely applicable to the event. The antidoping tests will take place on the finish line (Motorhome).

## ARTICLE 15. PENALTIES

15.1 The UCI penalty scale is the only one applicable.

## ARTICLE 16. RESPONSABILITIES

16.1 The organizers and UEC will not, under any circumstances, be liable to any accidents or damage that occurs during training and competitions.

16.2 The organizers and UEC decline all responsibilities towards the riders and others in case of an accident.

For all cases not covered by these specific regulations, the UCI rules will apply.